



Alliance Française | AFRAN | UC  
Café scientifique

## ***Olympic Games: from performance to integrity***

**August, Tuesday 15<sup>th</sup>, 5pm – 7pm  
at Alliance Française de Canberra**

Join us for a friendly discussion on how sport and research interact!

The Olympic and Paralympic Games are here! Can't head to Paris for a European Summer? We've got you covered and are bringing the fun to Canberra! Ever wondered how athletes prepare for major sporting events? What the future of outdoor competitions will look like with rising global temperatures? What biomechanics is? Or how to ensure sport is safe and fair?

Big questions! Grab a drink, settle in, and let's chat!

### **What's on the Menu?**

*Sit Back & Watch: **Breakdance-inspired Hip Hop performance by [Dance Central](#).***

*Sip & Share: Sip your favourite beverage while our panellists spill the tea. No jargon, just good vibes!*

Questions we'll address are:

- How rising temperature will impact sport performance?
- How do elite athletes prepare for international competitions?
- What goes on behind the scenes at the Olympics and Paralympic Games?
- How are new sport equipment and technologies developed?
- What is ethical sport? Why do we need integrity in sport?

*Plus, any other Sport or Olympics/Paralympics topic you're curious about!*

### **Meet our Speakers:**

- **Dr Celeste Coltman**, Associate Professor, Sport & Exercise Science, University of Canberra Research Institute for Sport and Exercise (UCRISE)
- **Professor Julien Périard**, Research Professor and Deputy Director, University of Canberra Research Institute for Sport and Exercise (UCRISE)
- **Emeritus Professor David Pyne**, Research Professor and Physiologist, University of Canberra Research Institute for Sport and Exercise (UCRISE)
- **Joanna Tweedie**, Postdoctoral Research Fellow, University of Canberra Research Institute for Sport and Exercise (UCRISE)

### **Who Should Attend?**

Everyone is welcome! Winning gold medals is not a requirement!

### **Registration**

Secure your spot by registering. Limited seats available!



One drink is included in the registration fee. The bar will be open throughout the event. Doors open at 5pm, and discussions will start at 5:30pm. Light catering will be provided.

This event is organised by [the Australian-French Association for Research and Innovation \(AFRAN\)](#) in partnership with Alliance Française Canberra and the [University of Canberra Research Institute for Sport and Exercise \(UCRISE\)](#).

### **Provisional Agenda:**

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| 5:00 pm | <b>Doors open</b>   |
| 5:30 pm | <b>Welcome &amp; Opening remarks</b> (5 min)<br><i>Rim El Kadi, PhD, AFRAN ACT Hub Leader</i>   |
| 5:35 pm | <b>Keynote</b> (5 min)<br><i>Embassy of France to Australia</i>   |
| 5:45 pm | <b>Breakdance-inspired Hip Hop performance</b> (5 min)<br><i>by Dance Central Canberra</i>  |
| 6:00 pm | <b>Performance and health in the heat</b> (8 min presentation + questions)<br><i>Professor Julien Périard, Research Professor and Deputy Director of UCRISE</i>                         |
| 6:15 pm | <b>Paris 2024 Olympics – Performance perspectives</b> (8 min + questions)<br><i>Emeritus Professor David Pyne, Research Professor and Physiologist, UCRISE</i>                          |
| 6:30 pm | <b>How equipment and wearable technology is enhancing human performance</b> (8 min + questions)<br><i>Dr Celeste Coltman, Associate Professor, Sport &amp; Exercise Science, UCRISE</i> |
| 6:45 pm | <b>Sport Integrity and Paris 2024</b> (8 min + questions)<br><i>Joanna Tweedie, Postdoctoral Research Fellow at UCRISE</i>  |

**Discussions moderated by:** Professor Julien Périard, Research Professor and Deputy Director of UCRISE.